

Soul Evolution

MASTERCLASS SERIES

The First Steps to Manifesting

Answer the following questions to start manifesting your dreams and desires! Take your time answering the following questions and dream big and on purpose! Write your answers down in your journal.

STEP 1

Make a list of your non-negotiables.

STEP 2

What is a desire that you have that you want to manifest this year?

STEP 3

What choices do you have to make in order to fulfill that desire?

- Are you willing to start to change your reality?

STEP 4

What can you do during character building days that will help you move through the experience with ease and grace so you don't give up on your desires?

- When having a character build day you can ask yourself "Why am I having this experience?" "What can I learn from this experience?" "What new perspectives can I see around it?"

STEP 5

What obstacles do you have to overcome to make the appropriate choices that will fulfill your desires? How can you clear that energy?

Share your desired intention and at least one decision you have to make that's going to allow you to say yes to your desired intention. Statistics have shown that you're more likely to fulfill your desired intention when you share it with someone. So let us witness you. Post your answer in the designated thread in the Facebook Group, [Awakening with Amy Robeson](#) ♥